



Supervision

The Irish Society of Homeopaths recognises that it is essential for professional homeopaths to engage in appropriate, regular supervision throughout their professional life. This requirement is in line with best practice and demonstrates a strong commitment to ongoing, high quality patient care and self-care and to help develop the knowledge, skills and attitudes required for sustainable practice.

Purpose

The purpose of supervision is to:

- Provide a formal space for the supervisee to constantly reflect on their role as a homeopath in order to enhance and maintain ethical and professional standards of practice as well as skill and creativity
- Provide and develop a reflective supervisor/supervisee relationship which incorporates the homeopath's clinical experience, professional values and belief system.
- Provide support for the homeopath within the structure and framework of the Core Criteria of The Irish Society of Homeopaths and the ECCH Occupational Standards
- Develop an understanding and application of the professional skills and values of The Irish Society of Homeopaths in the context of the Code of Ethics and Practice
- Provide an opportunity to discuss issues about patients and practice on a regular basis
- Provide an opportunity for an overview of cases and case management using homeopathic principles

Role

The Role of the Supervisor is:

- Primarily to give attention to the therapeutic relationship between homeopath and patient.
- To provide a formal space for the supervisee to constantly reflect.
- To support the supervisee in attaining their own understanding of the dilemmas presented and offers the opportunity to get an overview of the situations that arise in the therapeutic relationship.
- It is task-based while being person-centred.

Mentoring

The Society's Mentors are trained in mentoring with specific knowledge of mentoring Homeopaths undergoing the registration process. The role of a mentor is different to that of a supervisor (see below).

Purpose

The mentoring relationship is one that is based on collaboration, development, mutual respect, shared experiences and trust in a non-judgemental environment. The purpose of mentoring is to create a space whereby a mentor can foster the personal and professional growth of the mentee through a goal focused process.

Role

The role of the mentor is:

- To act as a role model by sharing their knowledge, skills and information.
- To listen and to support the mentee to review their existing knowledge base and skill sets.
- To listen and support the mentee to identify challenges and areas for development in homeopathic practice through a goal focused process.
- To assist and encourage the mentee in the development of and implementation of a CPD Plan which may include help with developing and marketing their practice.
- To support the mentee in connecting to the professional values, visions and aims of the ISH.
- To encourage the use of the core criteria in conjunction with the code of ethics, reflective practice and to engage in ongoing supervision.

Choosing a Supervisor or Mentor

The Irish Society of Homeopaths has a list of trained supervisors/mentors. For homeopaths in the Registration Programme a supervisor/mentor will be appointed. During that time it is the responsibility of the registrant and supervisor to agree suitable arrangements throughout the registration programme.

ISH Supervisors

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