

## Registration Programme

### Programme Duration

The Irish Society of Homeopaths Registration Programme runs from October to June every year.

### Application Documentation

To participate in the Registration Programme, all Registration Application documentation must be received by the ISH office no later than 30<sup>th</sup> September, as follows:

- Completed Registration Application Form (online applicants can sign and send the signature page from the online application)
- Copy of your course qualification
- Curriculum Vitae
- Two original signed letters of reference (*Please note, these should be character references and can be from a previous employer, college teacher/supervisor, registered homeopath, etc. They should not be from a patient.*)
- Copy of your up-to-date insurance certificate
- Registration fee of €320 (of which €120 is non-refundable). The Registration fee covers your membership subscription for the year, and four one-to-one sessions with a Supervisor/Mentor from the ISH Approved List.

*(Please make cheques payable to the Irish Society of Homeopaths. Option to pay by monthly standing order – non-refundable deposit of €120 plus 5 monthly instalments of €45 per month, which includes €25 administration fee).*

Once all documentation and payment has been received, you will receive in due course, the ISH Handbook by email that you are required to familiarise yourself with before attending your first supervision/mentoring session.

You will also receive your Registration certificate stating that you are a registered member of the ISH and are currently undergoing the ISH's registration programme. Upon completion of the programme, you will receive your final Registration Certificate. Your Registration remains valid while you maintain continuous membership of the ISH, currently €220 annually.

### Supervision/Mentoring Support

The Irish Society of Homeopaths recognises that it is essential for professional homeopaths to engage in appropriate, regular supervision/mentoring throughout their professional life. This requirement is in line with best practice and demonstrates a strong commitment to ongoing, high quality patient care and self-care and to help develop the knowledge, skills and attitudes required for sustainable practice.

The role of supervision and mentoring are combined and those on the approved ISH list are trained to provide both roles as appropriate to your needs.

## **Role of a Supervisor/Mentor**

Supervision/mentoring is an essential element of homeopathic practice and is a vital support for homeopaths. As part of your Registration, you will attend 4 sessions with your allocated Supervisor/Mentor who has been trained in both disciplines and must be completed by June. These sessions will provide a forum for you to examine and solve the dilemmas of day to day practice in a safe, supportive environment. There is a brief description of the difference between supervision and mentoring below. The focus of each session will be agreed between you and your supervisor/mentor.

### **Supervision**

Supervision is primarily to give attention to the therapeutic relationship between the homeopath and the patient. It will provide you with support and help you to attain your own understanding of the dilemmas presented. It is task-based while being person-centred. All supervisors on the Society's list are themselves engaged in their own supervision.

Ongoing supervision is a very important part of being a professional homeopath. We would encourage you to avail of supervision both one-to-one and peer supervision throughout your professional life.

### **Mentoring**

Mentoring creates a space whereby a mentor can foster the personal and professional growth of the mentee through a goal focused process. The mentoring relationship is one that is based on collaboration, development, mutual respect, shared experiences and trust in a non-judgemental environment.

Mentoring helps each homeopath to build a successful/supported professional homeopathic practice. You will be encouraged to look objectively at yourself as a practitioner, at your skills and approach to building up a practice and to become aware of any obstacles or blocks perceived for the journey ahead.

The mentoring relationship is a developmental partnership through which the mentor shares knowledge, skills, information and perspective to foster the personal and professional growth of you the mentee. The power of mentoring is that it creates a one-of-a-kind opportunity for collaboration, goal achievement and problem-solving. Your mentor is someone who had "been there, done that" before. They will also share information from the Society regarding the Code of Ethics, Core Criteria and ECCH Occupational Standards for best practice.

## **CPD – Continuing Professional Development**

CPD is a commitment to lifelong learning during your professional life. It is important that Registered Homeopaths continue to develop their skills and knowledge during their working life and stay abreast of developments in the Homeopathic world. CPD provides these opportunities and helps to develop the professional outcomes you need to have a successful practice. ISH Registered Homeopaths must attend or take online at least 1 CPD in Homeopathy per membership year (Homeopathic CPD workshops from other providers are usually acceptable – please check with the office) and you will need to be able to show certificate of attendance should you be audited.