

Mentoring

Mentors are a group of homeopaths who have been especially trained to work effectively with members going through the registration process. They have demonstrated a commitment to the ongoing development of homeopaths and will be there for you to support you as you begin practice as a professional, registered homeopath.

The mentoring relationship is a developmental partnership through which the Mentor shares knowledge, skills, information and perspective to foster your personal and professional growth. The power of mentoring is that it creates a one-of-a-kind opportunity for collaboration, goal achievement and problem-solving. Your mentor is someone who had “been there, done that” before. They will share information from the Society regarding our Code of Ethics and Core Criteria for Homeopathic Practice, to enable you work effectively and efficiently. The Mentor’s role is to listen, help identify problems and areas for improvement/development in your homeopathic practice and assist you in the development and implementation of your CPD Plan. You will be encouraged to look objectively at yourself as a practitioner, at your skills and approach to building up a practice and to become aware of any obstacles or blocks perceived for the journey ahead. It is a relationship based on mutual respect and trust in an environment that is non-threatening and non-judgmental.

“Mentoring is a brain to pick, an ear to listen, and a push in the right direction.” John C. Crosby

The Role of the Mentor

The primary role of the Mentor is to support you whilst undergoing the registration programme in connecting to the visions & aims as an interface of the society and to listen, help identify problems and areas for improvement/development in your homeopathic practice and assist you in the development and implementation of your CPD Plan. It is a relationship based on mutual respect and trust in a non-judgemental environment, which creates opportunities to review skills, talents and any weak areas you may wish to improve on.

- To support you during the Registration Programme
- Although the Mentor is representing the society, they are primarily supporting you
- The Mentor provides support in connecting to the professional values, visions & aims of the Irish Society of Homeopaths
- The Mentor acts as an interface between the you and the Irish Society of Homeopaths
- The Mentor offers support and impartially encourages the use of important tools such as the Core Criteria, Reflective Techniques, Supervision and whatever appropriate help that you may need, in their process of continued professional development with the Irish Society of Homeopaths

The benefits of Mentoring:

- Help clarify personal vision
- Have access to a sounding board
- Come to recognise obstacles to performance
- Overcome barriers
- Have an opportunity to ask questions about the profession and the Irish Society of Homeopaths
- Improve communication, decision-making and self-assessment skills
- Have increased opportunities for networking
- Develop new skills and knowledge and greater awareness of competencies

Choosing a Mentor

The Irish Society of Homeopaths has a list of Mentors who work with homeopaths undergoing the registration process (see list overleaf). Rates for mentoring differ.

It is strongly recommended to choose a Mentor who will challenge you, preferably someone you don't already know or work with.

ISH Mentor List

NAME	ADDRESS	CONTACT TELEPHONE NOS		EMAIL ADDRESS
Mary Barr	Buncrana Co Donegal	074 9363769		barr.mary@hotmail.com
Lynda Boxwell	Ashbourne Co Meath	01 8352891	085 1491577	lyndaboxwell@gmail.com
Orla Broderick	Barrack St Cork	021 4310191		orlabcork@gmail.com
Mary Carroll	Clontarf Dublin 3	01 8186583		marycarroll53@gmail.com
Suzi Duff	Greystones Co Wicklow		087 6560116	suzi@wicklowhomeopathy.com
Aideen Higgins	Ballybrack Co Dublin		087 7671039	aideenhiggins@eircom.net
Anne Irwin	Rahoon Galway	091 523993		irwinanne@yahoo.co.uk
Angela Kearney	Goleen Co Cork	028 35182		anjikearney@eircom.net
Marina Lynch	Virginia Co Cavan	049 8549938	087 2715588	mlynchhom@eircom.net
Ursula Lynch	Phibsboro Dublin 7	01 8387796	087 7560931	ursulalynch@mail.com
Gerti Magee	Oranmore Co. Galway	091 788360	091 794138	gertimagee@hotmail.com
Fergus Morrison	Rathfarnham Dublin 16		086 8134022	fergusmorrison@yahoo.ie
Anne Nidecker	Castletownbere Co. Cork	027 70801	086 310 1319	annenidecker@eircom.net
Anne Palmer	Tara Co. Meath	046 9025192	087 6492862	collierstown@gmail.com
Diana Rock	Kinvara Co. Galway	091 638125		dirock@hotmail.com
Michael Smith	Kilmacanogue Co. Wicklow	01 2829461	086 3495455	smithmichael@eircom.net
Renee Strauss	Birr Co. Offaly		086 3687308	strauss.renee@gmail.com
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