



THE IRISH SOCIETY OF HOMEOPATHS NEWSLETTER

WELCOME! to our May 2012 newsletter. This by-monthly newsletter is put together by the Committee members, with a view to becoming an effective form of communication among Society members. You are invited to send contributions, information, links to interesting articles etc by emailing them to Joanne Breton: joannebreton@gmail.com or Carolina Pollak: capollak@gmail.com

CHAIR'S WELCOME

Hello everyone and welcome to the May ISH Newsletter. We were really encouraged by the positive feedback we received on the new layout. So please keep your comments, stories and questions coming, they will give us a good insight into what you're thinking and what you want.

Thank you to those of you who took the time to complete the survey. The committee is collating the results to give you an overview in our next Newsletter.

I am looking forward to the ISH Conference in June - it's shaping up to be a great success. We feel the conference will afford us a unique opportunity to meet and talk with our members in an informal setting. To this end there will be a committee member manning the ISH stand throughout the conference breaks. Please feel free to chat and let us know what's on your mind, we are looking forward to hearing from you.

Fergus Morrison

ECCH AGM

The ECCH AGM was held in Zagreb, Croatia from 24th to 27th May. There were over thirty delegates from around Europe who attended and many items were discussed. Gerry Murphy is the Irish representative and made a presentation on our behalf to do with standards in homeopathic research. Out of this a new International Research Committee was set up with representatives from Italy, Greece, Germany, Spain, Portugal, Serbia, Croatia, U.K., and Ireland. This committee will draw up best practice guidelines for homeopathic research and these will be presented at the First Homeopathic Research Institute Conference in Barcelona in May 2013 .

It is an honour to be part of such an important project and these guidelines will help anyone engaged in homeopathic research. There will be further reports in later newsletters.

<http://www.homeoinst.org/>

Gerry Murphy

MEMBERS' CHAT

We would urge all members to exercise caution when sending deposits for courses being run by organisations that are not known to them, no matter how legitimate they may look.

REMINDER! With Summer and the holiday season approaching, please remember to change the message on your phone to include locum details. Also include information on how patients will be charged for a phone consultation.

We are still encouraging members to submit news for the Newsletter. One member let us know that the Midwifery Dept in Trinity holds free health-related talks. We will let you know when we hear of the next one.

Homeopathic Times: We are between issues of the HT right now, but no harm to start thinking of an article you might like to write - deadline 1st September! We are looking for someone to provide a cover illustration for the next edition, and possibly article illustrations too. If you can volunteer those skills or have any ideas, please let the editor (rhoda_ui@hotmail.com) know.

UPCOMING EVENT

~ ISH ANNUAL CONFERENCE ~
June 23rd and 24th 2012
Castletroy Park Hotel, Limerick

Speakers:

NUALA EISING • FERGUS MORRISON
HILERY DORRIAN • ROGER DYSON • NIMISHA PAREKH
SHEILA RYAN • SHEILA WOOLLAM • TARYN JACOBS

CONFERENCE UPDATE

The Conference Committee, myself, Sarah-Jane Hewitt and Carolina Pollak met in the Castletroy Hotel in Limerick on Sunday 27th May. It was a beautiful sunny day and we sat in the gorgeous courtyard outside the proposed Conference area. It was very peaceful and there was a lovely energy about the place.

We are getting very excited about holding the Conference in such a lovely setting. Limerick University is very close by and there are some nice walks to be had there or even a swim in the hotel pool.

Bookings are coming in very quickly and, as we have a limit of 150, I would advise people to book as soon as possible to avoid disappointment.

As well as eight great speakers and lots of exhibitors there will also be a wine reception and a DJ to look forward to... Hope to see you there!

Breda O'Connor

FOR MORE INFORMATION:

email: ishconference@gmail.com;

Telephone the conference team:

Sarah Jane Hewitt 087 6619526;

Breda O'Connor 086 8639247;

Carolina Pollak 087 7507557

WHAT'S THE REMEDY?

By Breda O'Connor

I pick at the air and bedclothes
Have a tendency to faint

I look like I'm drunk
I flash my parts
Modest ? No I ain't

I don't want to eat or drink
In case someone's poisoned me.

I get a violent toothache
Chase me and I will flee...

ABBAS'S STORIES

A TRUE STORY

By Abbas Ghadimi, Treasurer

S ometime between the years 1925 and 1935, many roads as well as the Trans Iranian Railway were built in Iran. Many other advancements were made and credited to the Shah (king) of Iran. Amongst them were 2 developments and due to their relationship I am sharing this with you.

The Shah wanted to print the highest monetary note of the time, and he was looking for something to picture on it as a symbol of all GOOD virtues. At the same time a major road development had to be stopped due to a large valley running between two mountains. The Shah asked for the design of a bridge and called upon many engineers. Finally one plan was accepted and the engineer asked for a meeting with the Shah, as he wished to share a very important component of the project design. So the Shah of Iran granted him the visit and the engineer told the Shah that after he built the bridge, himself and his whole family would stand beneath it while a guaranteed weight of trucks drove onto the bridge. In this way the Shah could be sure that the bridge was strong and would not collapse. The Shah liked his audacity and permitted the engineer to build the bridge. After he finished building the bridge he and his family were ready for the test. The Shah said that it was not necessary, yet the engineer insisted. He told the Shah that if he didn't carry out the test, that there would be nothing written in history, and the design of the bridge could appear as a clever bluff. The engineer insisted that he be allowed to test the strength of the bridge in this way, so that it would be written in Iranian history as a symbol of CERTITUDE. The Shah smiled and was pleased and let him perform the test. The engineer passed the test and proved the bridge was able to hold the necessary amount of weight. So the bridge started functioning and a few weeks later a new 20 TOMAN note (the highest Iranian currency of the time), was printed and on the back of the note was the picture of the bridge. Even today this bridge is in existence and as strong as the engineer promised and proved.

So my thoughts, Homeopathic friends, are that engineers in such times, with very poor technology and unreliable workers, managed to fulfil such a promise. I feel that we as homeopaths in the current environment, in which truth can hardly be seen anywhere, need to come up with something which symbolizes the certitude which we can offer. Not only to those who are in need of treatment to reach to their optimum health, but to all those who cross our path. So let's step up and write a page in history. Wishing you limitless blessings.

Abbas Ghadimi

WORKSHOP WITH ALI WELFARE IN THE WICKLOW MOUNTAINS

A review by Helen Healy

I was fortunate to attend a residential workshop led by Ali Welfare in Wicklow in April. The workshop focussed on Process work skills to enhance case taking, a deeper understanding of the layers of disease, and what remedies to use including applying them in the Quantum Field. Ali skilfully balanced her tuition with practical exercises allowing sufficient time for the learning that comes from sharing experiences with each other. Comments at the close of the weekend were in the range of 'brilliant', 'just super', 'such a fresh way of looking at a case', 'it makes so much sense! The social side of the event was funtastic, and the food was superb - much gratitude to Ann Monaghan, Liz Keegan and all who donated the large supply

of healthy snacks and delicious chocolate.

Ali Welfare runs a very busy practice in these challenging times - the mark of someone doing something right! - and is happy to share her expertise so willingly, including a set of typed notes to consolidate the work covered during the workshop sent by email a week later.

In this email, Ali expressed her wish that this new tool in our homeopathic tool kit would prove as useful to us and our respective practices as it has been for her and ultimately her patients. Believe you me – it has!

If you are interested in pursuing a workshop of this nature, contact Ann Monaghan, annmonaghan457@gmail.com

AGROHOMEOPATHY REVISITED

For those of you (like myself) that missed Vaikunthanath das Kaviral ("Kavi") last year when he came to Ireland this was a golden opportunity to make up for lost time. Many thanks to Martin Byrne for bringing him back and in such a perfect setting.

The first day was incredibly wild and windy, so we were indoors listening to Kavi as he gave many examples (and photos) from years of research on how Homeopathic remedies work on plants. Then on the second day we were actually taken to the Copper Beech tree that last April he had treated for a phytophthora infection which appeared as 'weeping'. He took this to be a symptom - "Loss of vital fluids" and gave it a single dose of Carbo Veg. This year it appears to have totally stopped weeping, however it still remained dark in that spot so suggestions were offered for further treatment with another remedy. Another shrub which he had treated for dark red 'rust' on leaves (treated with Bell.) was totally recovered with fresh new green growth.

His enthusiasm and years of proven cases in many different countries and climates was very inspiring. He spoke to a packed room of 100 people from gardeners, horticulturists, to Homeopaths and lay people. If you missed him this time and he comes back again- sign up straight away! (or start by reading his book, "Homeopathy For Farm & Garden" and try out his suggestions for yourself).

Diane Stauder

WORKSHOPS 2012:

Unfortunately some of our workshops this year had to be cancelled because there wasn't sufficient uptake. However, the workshops that did take place were very successful and judging from the evaluation sheets, were received with great enthusiasm. Suggestions for future workshops to Liz Keegan.

Ali Welfare did a workshop on treating patients who had been sexually abused. Her expertise in this area is immense and all the participants learnt a lot on the day. Ali's style of teaching and compassion made the difficult subject matter less frightening for many, giving needed self-belief and confidence to others in their abilities to help their patients. Hopefully we will have Ali teach more workshops in the future.

Rachel Roberts ran a workshop on treating patients who have breast cancer. Her presentation of a rather daunting subject was very in-depth. She provided excellent notes on the subject and was given a big round of applause at the end of the day. Again we hope to invite Rachel back for further workshops.

Kelly Never CEASES To Amaze!

As Kelly provided the presentation to us on a USB key, I was able to sit back and listen to someone who spoke from her heart about using Complete Elimination of Autistic Spectrum Expression therapy on her children and others. The presentation gave the facts about the therapy, the removal of environmental insults and causative factors in a patient's life, and the different courses of treatment. The treatment involves using traditional homeopathic remedies, as well as remedies made from drugs, vaccination, toxins, and environmental pollutants. There is a huge network of trained CEASE therapists who have a forum on which they all share information, so you can have instant responses to any queries. I left feeling really enthusiastic about attending more workshops!

Monica Rigney

OBITUARIES

Two deaths have recently occurred among Galway homeopaths.

Mary Small, graduated in 2010 from the Galway College of Homeopathy. Mary died in February this year. She leaves behind her father, her fiancé and her many friends. Mary was a true healer who brought out the best in each person that she met. She will be truly missed but her memory will always bring a smile.

Beate McMullan, was amongst the first group of graduates from the Galway College of Homeopathy in 2008. She died in April and she leaves behind her husband Fionn and daughter Caelainn, her parents and her brother. Originally an Architect by profession, Beate devoted her life to healing and became a wonderful homeopath and Tai Chi instructor. She also had a great love of gardening which is evident in the garden at the Amber Healing Centre. She mastered whatever she worked at. She also loved to Tango!

The sympathy of the Irish Society of Homeopaths is extended to their families, relative, friends and fellow homeopaths.

NEW PROVING

Would anyone be interested in taking part in a proving, the inspiration for which, began 8-9 years ago and gathered momentum on 11/11/11 last year and more recently in the last few weeks. This new proving will incorporate traditional and revisited methods of engaging with the remedy and will incorporate an element of ritual in the form of drumming & movement. If you find that this resonates with you and that you would be interested in taking part, please contact me at helenhealy@eircom.net

How many pulsatillas would it take to change a lightbulb?

Just one to cry till someone else does it.

How many platinas?

None. Although they are tall enough the job is beneath them.

NELSON'S DISPENSARY TO CLOSE

It is with great sadness that we learn of the imminent closure of Nelson's dispensary in Duke street at the end of June. The Dispensary has been part of Dublin streetscape for over twenty years and is a very visible presence right in the city centre. The company will be concentrating on its online and phone sales henceforth.

We remember with gratitude the support given to the Society and to homeopathy in Ireland by Nelson's in providing supplies and goodie bags to Conferences, manning stands there, and in advertising in the Homeopathic Times through the years. Our best wishes go to Lisa O'Gorman and staff who have provided remedies, products and advice to many patients - and homeopaths - over the years in the Dispensary.

Having a walk-in dispensary is a great asset, both to the general public who benefit from expert staff who can give valuable information on homeopathic remedies, and to Homeopaths who can have a wide range of remedies and potencies available locally (for those who live in Dublin). We are currently exploring the possibilities of someone else providing this service. We will keep you informed of any developments. Meanwhile if you have any suggestions, do let us know.

Excerpt from letter from Nelson's Director

We are all very touched by the wealth of positive feeling that people have for the dispensary and for our staff who work there. We are so pleased to learn that customers have had such good experiences at the Dispensary and we are very sad and sorry that we now have to close this much loved store.

I would like to take this opportunity to reiterate our commitment to our Irish customers, who can buy Nelsons own brand products, including homeopathic remedies:

- Through the new Nelsons Homeopathic Pharmacy website at www.nelsonshomeopathy.com
- Via mail order phonenumber 0044 207 079 1288, where we will be offering a free postal service as part of our new loyalty programme for our valued Irish customers.
- Via local Irish distributors, Wholefoods Wholesale and Natural Medicine Company, whom we use to supply Nelsons products to our Irish customers through pharmacies and healthfood stores.

For general advice on acute conditions, you can:

- Contact Nelsons Homeopathic Pharmacy in London on 0044 207 6293118, where we are also offering consultations by Skype.
- Visit the website at www.nelsonshomeopathy.com.

Mark Turrell, Director for UK and Ireland